

Institute of Holistic Midwifery's Skills Seminar Weekend

January 6-8, 2012

109 W. High Street, Rockville, IN 47872

The Institute of Holistic Midwifery invites midwifery apprentices, students and birth assistants to join us for a weekend of skills discussion and hands-on practice. Seminar instructor is Marilee Pinkleton, CPM of IHM.

Friday, January 6, 2012: 6-9 pm (Registration 5-6 pm)

Opening & Welcome

Topics:

Aseptic Technique: Students will learn the importance of reducing the risk of infection while giving care. Skills included hand washing, gloving and maintaining a sterile field.

The Physical Exam: Students will learn and practice giving a physical exam to assess the overall health of a woman.

Closing

Saturday, January 7, 2012: 9 am - 6 pm

Opening

Topics:

Hemoglobin Testing: Students will learn how to assess iron levels with a hemoglobinometer.

Glucose Screening: Students will learn how to test a woman's glucose level with a glucometer.

Venipuncture & Drawing Up Meds: Students will learn the basic procedures of obtaining blood samples and drawing up medications, as applicable per the student's state regulations.

Palpation of Baby for Position & Size: Students will learn Leopold's maneuvers used to assess a baby's lie and presentation and estimate weight.

Fundal Height Measurement: Students will learn how to accurately measure a mother's uterus to assess size-dates parity.

Using the Fetoscope and Doppler: Students will learn how to auscultate fetal heart tones in the pregnant woman.

Assessment of Cervical Dilatation: Students will learn how to assess the dilatation of a woman's cervix.

Closing

Sunday, January 8, 2012: 9 am - 3 pm

Opening

Topics:

Hand Maneuvers at Birth: Students will learn hand maneuvers as an additional tool to facilitate the birth of a baby, when needed.

Newborn Exam: Students will learn and practice the components of examining a newborn during the first hours after birth.

Closing

Seminar Fee: \$150.00 - Check or money order made out to IHM OR PayPal @ InstituteHM@aol.com.

Registration form - May be mailed to IHM or scanned and e-mailed to InstituteHM@aol.com.

IHM will provide snacks. Participants are responsible for their lunch on Saturday & Sunday.

Name: _____ E-mail address: _____

Address: _____

City/State/Zip: _____ Phone: _____

Seminar Fee: _____ \$150.00 - Institute of Holistic Midwifery - P.O. Box 632 - Lewes, DE 19958

For questions, please contact IHM at InstituteHM@aol.com

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www.InstituteHM.com